

Basque Country Tug of War World Championships

## WELCOME DOSSIER

TWIF 2021 World Outdoor Championships, Getxo

16-19 September 2021



## INDEX

WE DID IT	5
OFFICIAL PROGRAMME	6
COMPETITION PROGRAMME	7
OFFICIAL CEREMONIES	8
PREVIOUS PROCESSES	9
LOGISTICS	10
COVID PREVENTION MEASURES	11
LIMITATION OF CONTACTS	12
BUBBLE SYSTEM	13
USE OF MASK	14
TEMPERATURE CONTROL	15
CLEANING MEASURES	16
PCR & ANTIGENS TEST	17
COMMUNICATION	18
IF SYMPTOMS	19
IF POSITIVE	20
IF IT BECOMES A PUBLIC HEALTH PROBLEM	21
SANCTION MEASURES	22
REMEMBER	23



## INDEX

BEFORE TRAVELLING	24
BOOK ACCOMMODATION	25
FILL FCS DOCUMENT	26
TRAVEL/HEALTH INSURANCE	27
FILL CONSENT SHEET	28
REGISTRATION AND CLUB ENTRIES	39
REMEMBER	30
ON ARRIVAL	31
RECEIVED GROUPS AT BILBAO AIRPORT	32
TRANSFER FROM THE AIRPORT TO HOTEL	32
CHECK IN & ACCREDITATION	33
ANTIGENS TEST	34
WEIGH-IN	35
SHOE AND ANCHOR VEST CHECK	36
BRIEFING	36
OFFICIAL CEREMONIES	37
OPENING CEREMONY	39
MEDAL CEREMONIES	40
CLOSING CEREMONY	41



## INDEX

RESOURCES	42
VENUE: FADURA	43
COMPETITION AREA	44
INDOOR TEAMS AREA	46
EXTERNAL TEAMS AREA	48
HOTELS	49
TRANSFER	51
BREAKFAST & DINNERS & DRINKS	52
MEALS	53
FOOD TRUCK	54
WATER	55
HEALTH	56
CHIROPRACTORS	57
WIFI	57
MERCHANDISING	57
INFORMATION	58
DIFFUSION	59
SHOPPING SERVICE	60
REMEMBER	61



## WE DID IT

This document aims to be a useful guide and also serves as a commitment for everyone who is going to take part in the championship.

Under these current exceptional circumstances it is more necessary than ever to know the context and the resources for the organisation of the championship and comply with the rules which we have provided.

I invite you to read it carefully and with enough time to plan your trip and stay with us and to raise any doubts you may have in advance.

It is important to remember the principles upon which we based the organisation work:

- Prioritize the health and safety of all the participants.
- Minimize the activities to be performed to those exclusively necessary for the development of the competition.
- Offer to all delegations the same guarantees in order for them to participate under equal conditions.
- · Comply with the rules imposed by the local authorities.

Follow the regulations of the TWIF for holding the Championship

With these principles, the resources we have provided and the good will of all those participating at the event, we hope that we will be able to say "We did it". The Tug-of-War world has shown that it is able to overcome the great challenge of organising a world championship during the time of Covid. Thank you to everyone for taking part in this great challenge!





## COMPETITION PROGRAMME

#### Thursday 16, Open Club Competition

9:30 Morning session: 680 Men, 580 Mix

13:30 Afternoon session: 560 Men, 500 Women

#### Friday 17, Open Club Competition

9:30 Morning session: 720 Men, 600 Men U23 13:30 Afternoon session: 640 Men, 540 Women

#### Saturday 18, Closed Competition

9:30 Morning session: 680 Men, 580 Mix (WG) 13:30 Afternoon session: 560 Men, 500 Women

#### Sunday 19, Closed Competition

9:30 Morning session: 720 Men, 600 Men U23

13:30 Afternoon session: 640 Men (WG), 540 Women (WG)



## OFFICIAL CEREMONIES

## **Medal Ceremony:**

Morning session: about 13:00, Afternoon: about 17:30

### **Opening ceremony:**

Friday, after medal ceremony finish, about 18:00

## **Closing Ceremony:**

Sunday, after medal ceremony finish, about 18:00



## PREVIOUS PROCESSES

#### Welcome, accreditation and Covid Test:

On arrival of the bubble. Tuesday and Wednesday at the hotel. Next days at Fadura

#### Weigh-ins:

Wednesday at the hotel between 7:30 - 12:00 and 16:00 - 18:00

#### **Boot and protection control:**

After the weigh-in

#### **Briefing**:

Wednesday at 21:00 online (there will only be one briefing)



## LOGISTICS

Airport/hotel/airport transfer: Arranged with each team / bubble

**Dinner** (in the hotel): Tuesday, Wednesday, Thursday and Saturday, 19:00 - 21:00. Friday and Sunday 20:00 - 22:00

Breakfasts (in the hotel): From Wednesday to Monday, 6:15 - 8:30

**Lunch box** (in the Indoor Team Area): at 11:00 every day

Food trucks (in the Indoor Team Area): from 9:00 to 18:00 every day

Health area (in the Indoor Team Area): from 9:00 to 18:00 every day

**Transfer hotel/venue**: 2 services: 7:00 am and 11:00 am. Possibility to arrange another time to go requesting before September 10th to the organization (<u>info@sokatiramundiala.com</u>)

**Transfer venue/hotel**: After official ceremonies are finished (medal ceremony or opening and closing ceremony).





## LIMITATION OF CONTACTS

No contact between the public and the competition. The area for the public is separated from the competition area, and therefore there can be no mixing.

The access will be controlled at all times by staff of the organization through a different door to the teams.

Limitation access to the public: 60% of the capacity of the stand. The capacity of the venue stands is now around 500 spectators

Restricting the utmost contact between bubbles.

Signposted circulation areas to guarantee the distance between bubbles.

Cancel the protocol greeting between competitors of each pull.



## **BUBBLE SYSTEM**

Method that seeks to minimize the circle of relationships, creating exclusive contact groups.

From the time they arrive and until the departure of the people who make up the bubble, they cannot leave that circle.

Any person who is inside the bubble must remain in the bubble. It's not allowed to leave the hotel or the venue.

SM organizes all the necessary services (accommodation, catering, transport,...) for each of the bubble groups to guarantee the system. In the event if a person/team requires a specific item, he/she should request it from people in charge of the organization in the information area.



## USE OF MASK

The use of the mask will be compulsory at all times. It can only be removed when they are competing, at lunch time while keeping your distance and inside the hotel rooms.

Face mask packs will be given to each person in the wellcome bag.



## TEMPERATURE CONTROL

Regular temperature control every day before getting on the transfer in the hotel and at the entry to the Indoor Teams Area of the venue.

The temperature may not exceed 37.5 degrees Celsius.



## CLEANING MEASURES

Intensified general cleaning programme.

Cleaning of the individual tents at the end of the competition of each team, and cleaning the indoor area at the end of each day.

Hand disinfection points in different areas of the venue.

Individual chemical toilets and waste collection points.



## PCR & ANTIGENS TEST

All the participants are obliged to bring a negative PCR no more than 72 hours before their arrival, except people who have had Covid 19 at least 15 days ago and not more than 6 months ago. These people will have to present a proof of having been positive.

An antigens test will be performed on the arrival time to the hotel. The results of the test are expected to be provided in a short time. In the event of a positive PCR test will be performed and in the event that it is positive they will have to be isolated and will not be able to access the competition area.

Any person who requires an antigens or PCR test to return to their country will be given the test on Saturday at Fadura. The cost of the test will be assumed by Sokatira Mundiala. The test will be done at the Health Area of the venue (Fadura). The test must be requested by each delegation writing to almudena.romero@quironsalud.es . The request must include the following information of each person: first and last name, passport number, date of birth and email address to send the result of the test. The request must also indicate the group's time availability on Saturday, so as not to coincide with the team's competition schedule.

## COMMUNICATION

Sokatira Mundiala will designate a person who is responsible for the whole Covid issue. They will be in charge of communicating with the different bubbles to announce the results of the test, monitoring any incident that may arise, and reporting the incident to the TWIF designated person for Covid issues and the local health authorities.

Each bubble must identify a person responsible for the liaison with the group. The result of the test or any health problem will be communicated to the person responsible for each bubble by the SM person responsible for Covid. The information that is derived from the tests will be treated confidentially.



## IF SYMPTOMS

If a person manifests any of the symptoms related to Covid (fever, cough, feeling of lack of air..) or have a temperature over the threshold of 37.5 will be immediately isolated.

If the problem is detected before getting to the bus that takes them to the venue they will return to their room and if it is at the venue they will remain in the isolation area of the venue while they wait for a PCR test to be done.

If they are negative they must wait isolated in the room for 48 hours until a a second test is performed which is negative. From that time they may return to the bubble.



## IF POSITIVE

The person who tests positive must leave the bubble and isolate themselves. If they are at the venue, in the isolation area until they are taken to their hotel.

The person who shares room with the positive person will also be isolated.

PCR tests will be performed and if they are negative they must wait in a room for 48 hours until a second test is performed which is negative. If the person sharing the room is vaccinated and tests negative, he/she can return to the bubble without having to wait 48 hours.

The positive result also will be reported to the insurance company to start the action protocol at the health level and to cover the possible expenses.



# IF IT BECOMES A PUBLIC HEALTH PROBLEM

Organization will be in contact with the local health authorities reporting on the possible incidents and positive results that may be detected.

In the event that local health authorities decide that the situation requires a public intervention organization will report this to the TWIF, and a working group will be established to decide which steps to take according to the situation, although the ultimate decision is in the hands of local health authorities.



## SANCTION MEASURES

If the organization becomes aware of a violation of the rules of this Plan that poses a risk to other participants, it will inform the TWIF to take appropriate action and inform the offender of the corresponding penalty.

The sanctions would be proportionate to the offense, and could even lead to the banning of a team from competing.

There are also administrative sanctions that can be imposed by local authorities for non-compliance with rules outside the context of the bubble.



## REMEMBER

- Follow always Covid prevention measures
- Contract travel insurance that covers the Covid assistance for all its members
- Bring a negative PCR no more than 72 hours before arrival (except people who have had Covid 19 at least 15 days ago and not more than 6 months ago. These people will have to present a proof of having been positive)
- Wear the mask at all times.
- If you need a PCR test to come back to your country apply in the Health Area
- If you need any object or service during your stay in the championship, please ask for it at the organization point of the venue, or the person in charge of the organization in your hotel.





## **BOOK ACCOMMODATION**

It is mandatory to hire the official package. No one who can be inside the championship bubble can hire a non-official accommodation. All the teams of the same country will be accommodated in the same hotel.

To formalize the hotel reservation, payment of the invoice issued by the official travel agency would be required. Azul Marino Viajes is the official accommodation agency. To book the official accommodation contact them: info@sokatiramundiala.com

In addition to the rooming list, each group must inform how and when each delegation / person arrives.



## FILL FCS DOCUMENT

In addition to the usual Spanish visa regulations, travellers coming to Spain from abroad must complete the Formulario de Control Sanitario (FCS), or "Health Control Form" during the coronavirus pandemic. This is an online form that asks the individual to provide information about themselves, their travel plans, and their health.

The QR code needed to enter the country is obtained by completing a Spain travel health registration form online. This must be done before setting off. More information and registration at: <a href="https://www.spth.gob.es">https://www.spth.gob.es</a>

In order to fill the form you need to know the hotel name and address. In addition, you need to know the Region – which is Pais Vasco, and the Province which is Bizkaia.

Once this Spain health form is completed, the FCS generates a QR code. This must be shown to an official at border control.

All people from the Schengen area will be able to access the country with the requirements of the EU digital certificate.



## TRAVEL/HEALTH INSURANCE

Sokatira Mundiala requires each registered person to provide travel insurance that includes the medical assistance for Covid.



## FILL CONSENT SHEET

Each participant must read, complete and sign the "consent form" that accompanies this document. In this sheet people declare to know the rules that we have provided.

The document must be handed in at the hospitality desk in the hotel lobby on Tuesday and Wednesday. From Thursday onwards, the accreditation will take place in Fadura.



## REGISTRATION AND CLUB ENTRIES

September 1st is the last day to register in the official registration and in Open Clubs competition. Fell the entry form and pay the invoice send by the organization



## REMEMBER

- Book your accommodation
- Inform how and when your delegation arrives
- Complete the Formulario de Control Sanitario (FCS), or "Health Control Form"
- Contract travel insurance that covers the Covid assistance for all its members
- Complete and sign the Consent Sheet





## RECEIVED GROUPS AT BILBAO AIRPORT

Accredited staff of the organization will be waiting for the group as soon as they leave the external area of Bilbao airport to welcome them and arrange their transfer to the hotel.

# TRANSFER FROM THE AIRPORT TO HOTEL

A transfer service will be provided to each bubble from Bilbao (Loiu), San Sebastián (Hondarribia) or Santander airport to the hotel.



## CHECK IN & ACCREDITATION

The accreditation of each bubble will be performed on the arrival at the hotel on Tuesday and Wednesday. The organization will have an accreditation point in the lobby of the hotel.

While the group is checking in, the group delegate must deliver to the organization the following documents for each accredited person:

- A negative PCR of not more than 72 hours in advance
- Assistance insurance with Covid coverage
- Signed consent sheet

It will also be necessary to have the entry fees paid.

If everything is correct the group delegate will receive the accreditations of all the group, the individual and group weighing sheets and a welcome bag.



## ANTIGENS TEST

The delegations will perform the antigen test when they finish their Welcome process, in a room set up in the hotel.

The results will be sent to the person in charge of the delegation. If any test is positive he/she will be isolated and a PCR will be performed immediately.



## **WEIGH-IN**

It will be done on Wednesday in the official hotel where each delegation is staying.

The weigh-in room at the hotel will be set up on Tuesday 14 afternoon, with a test scale.

The official weigh-in will be open on Wednesday from 7:30 am to 12:00 pm and in the afternoon from 4:00 pm to 6:00 pm. The weighing time will be communicated to each delegation in advance to avoid crowds and waiting.

The access to the weighing control is done with the accreditation and the passport. The passport data must match the accreditation, especially the passport number and nationality.



## SHOE AND ANCHOR VEST CHECK

After the weigh-in the competitors will have to pass the homologation of boots and protections in the same hotel room.

In the case that a person needs to modify the boot at the hotel, a point will be set up to do so. The instruments to make these changes will have to be brought by each team.

## BRIEFING

It will be performed remotely on Wednesday at 9pm. A room will be set up in each hotel to follow the briefing.





It is important that everyone helps to ensure that the ceremonial acts are carried out in an orderly manner. This will make the event more colorful, the honorees will be recognized, and the event will be shorter.

Therefore, we ask you to follow a series of simple rules:

- That all teams wait until the end of the ceremony to leave. The buses will leave at the end of the ceremony and not before.
- That the awarded teams are ready and in the indicated position before the beginning of the ceremony near the podium area. A person from the organization will tell them where to stand.
- That they wear the appropriate clothing: we understand that the tracksuit of the club in the case of the open competition and the national team in the competition by nations.



# OPENING CEREMONY

The opening ceremony is planned to be held on Friday 17 September at 18:00pm (just at the end of the last prize giving), with an act that includes a parade of the different teams through the competition area, speeches by the authorities and some local cultural elements.

To guarantee the distances and the spectacularity of the moment, each country must participate in the parade with 10 representatives duly dressed in their country's tracksuit. One of these 10 representatives will carry the flag of his country and another one the poster with the name of his country. The rest of the crowd will be able to watch from the perimeter of the field.

In order to keep to the schedule, teams are requested to be ready at 17:45 in their team area.



# MEDAL CEREMONIES

The delivery of medals and trophies will be performed at the end of each competition block in the morning and in the afternoon.

The three first-placed teams in each category will be ready at the podium in the place previously indicated to them with enough time. A person with a tray will hand out the medals in the reverse order to their classification and ending with the winners. Each athlete will collect theirs from the tray.

After the hymn of the winning country, the trophies will be awarded to the captains of the first 4 classifieds. Then awarded teams will abandon the podium in the reverse order.



# CLOSING CEREMONY

The opening ceremony is planned to be held on Sunday 19 September at 18:00pm (just at the end of the last prize giving), with a brief act that includes a parade of the different teams through the competition area, speeches by the authorities and some local cultural elements.

The closing ceremony, initially planned at the end of the last prize giving, will be even shorter with the speeches by the authorities, and the delivery of the flag of the TWIF to the organizer of the next championship. The different teams, if they want to follow the act, may be in the competition area while maintaining the due distances.





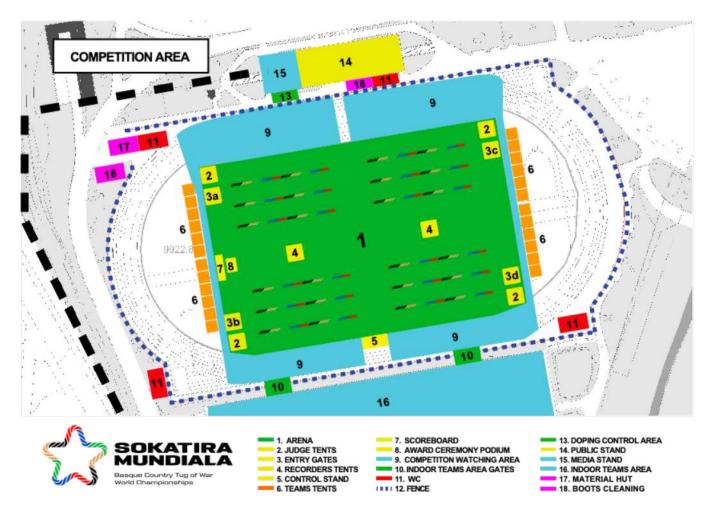
# **VENUE: FADURA**

Fadura sports park, in Getxo, just 15 km from Bilbao. It has great facilities both to host athletes and for the public who come to watch the championship. It has a separate and delimited space for spectators and people who will be in the bubble.





# **COMPETITION AREA**





# COMPETITION AREA

In the competition area each team will have a tent of 4×6 metres with at least one of the sides open for correct ventilation. The number of people that may be in the tent of the competition area is limited to 13 people per team: 8 pullers + 2 substitutes + coach + assistant + masseur.

Inside the bubble, the competition can be viewed from the perimeter of the athletics track, standing and keeping your distance from other spectators.

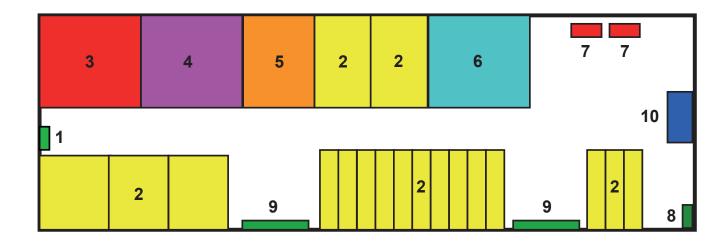
In this space, everyone must wear a mask and keep their distance from people in other bubbles. Eating and drinking are not allowed in this area.

Several wc points will be available, but due to Covid measures changing rooms will not be used. The showers must be taken at the hotel.



# INDOORS TEAM AREA

#### **INDOOR TEAMS AREA**











# INDOORS TEAM AREA

Covered facility 115x40 meters and 10 meters high, with natural light and open on one side, which guarantees permanent ventilation. In it we will be able to find the following spaces:

**Teams area**: Each bubble will have its own delimited and secure space to be in, with a size proportional to the number of people in the bubble. This space will have tables and chairs for participants to rest. Sockets for charging mobile phones, etc. will also be enabled. All participants will eat in this space. The food boxes will be distributed daily in the boxes of each team.

**Accreditation area**: For those who have not been able to pick up their accreditation at the hotel on Tuesday or Wednesday, they need to make their weighing and homologate their boots and protections.

**Organization area**: The main point to solve any need that may be required. It will also be the point for the sale of the official championship T-shirts.

**Health area**: There will be a permanent team of people who will attend to the required medical needs. It will also be the point where PCR tests will be performed on Saturday, and will have an isolation area in case any person presents symptoms.

**Stamping Area**: Stamping will be carried out at the times indicated in the program. It should be done keeping the proper distances.

Competition boots are not allowed to be worn in this area.



# EXTERNAL TEAMS AREA

An exclusive open-air area to rest very close to warming-up area. In this space, everyone must wear a mask and keep their distance from people in other bubbles. Eating and drinking are not allowed in this area.



# HOTELS





# HOTELS

The different teams will be accommodated in 4 different hotels in Bilbao and Barakaldo, less than 30 minutes from Bilbao airport (Loiu) and the venue (Fadura). Officials and the organization will be accommodated at the NH La Avanzada hotel, a 5-minute drive from the venue.

All the hotels are 4 star hotels that guarantee the necessary control measures and services in Covid situation.

None of the hotels have sauna services.

Laundry service should be requested in advance at <a href="mailto:info@sokatiramundiala.com">info@sokatiramundiala.com</a>



# TRANSFER

Each bubble will have an official and exclusive transfer service. Movement is not allowed outside the official service.

The service includes the transfer between the airport and the official hotel on the arrival and departure of the delegation, and between the venue and the official hotel during the days of the championship.

Each bubble will be guaranteed two shuttles to and from the hotels and the venue. In principle their schedule will be at 7:00 and 11:00 a.m., unless the bubble requests the organization (<a href="mailto:info@sokatiramundiala.com">info@sokatiramundiala.com</a>) before September 10th another time. Obviously, the decision will have to be made by the whole bubble.

In the transfers from the hotels to the venue, all bubbles are requested to be punctual so as not to compromise the departure of the bus from the hotel. If there is any incident that does not allow the group to leave at the indicated time, the person in charge of the bubble must inform the emergency telephone number of the championship + 34 678 349 033.



# TRANSFER

In Fadura there will be a single bus stop at *Avenida de los Chopos*.

On arrival in the morning the buses will unload as they arrive at the stop. In the afternoon, when returning to the hotels, the buses will be called in order as the bubbles are formed. Those responsible for each bubble should let us know when their bubble is formed.

The afternoon service to return to the hotels will be provided after the medal ceremony on Thursday and Saturday, after the opening ceremony on Friday and the closing ceremony on Sunday. The departure of the buses will be done in order and guaranteeing the distances of each bubble. The teams will have to concentrate in their Team Area. When all the bubble is grouped together, the person in charge of each bubble must notify the organization so that they go out in order to the exit point next to the outer door, and then to the bus stop.



# BREAKFAST & DINNERS & DRINKS

The dinners and breakfasts will be taken in the official hotels.

The official breakfast schedule will be from 6:15 to 8:30. Dinner schedule changes depending on the day: Tuesday, Wednesday, Thursday and Saturday from 19:00 to 21:00 and Friday and Sunday from 20:00 to 22:00.

The hotels have been instructed to provide adequate services for athletes. In the event that any participant requires a special diet, it should be requested to <a href="mailto:info@sokatiramundiala.com">info@sokatiramundiala.com</a>

After dinner, drinks will be served until 11pm in the dining room where the dinners are held. Everyone must order and pay for their drinks and consume them seated in the place where they dined their bubble.



# **MEALS**

Each day of competition an individual box of food will be distributed in the team area of each bubble in the indoor area at 11 am. The number of boxes to be distributed will be according to the number of people in each bubble. The food should be eaten seated in the team area, with the proper distances with other people. Once the meal is finished, the kit must be disposed of in the separate trash selectively.

In the event that any participant requires a special diet, it should be requested to info@sokatiramundiala.com



# FOOD TRUCK

Within the Indoor area there will be a food truck service, a paid food court offering coffees, soft drinks, hamburgers and snacks and local food items from 9 am to 6 pm.

### WATER

The teams will also have sufficient water bottles for the whole competition.

Each bubble will be provided with 5 liter bottles of mineral water and plastic cups each day in their Team area.

In the Indoor Area there will be coolers with half-liter bottles of mineral water so that athletes can take them to the competition area. Under no circumstances will it be allowed to share the bottles with third parties.



#### HEALTH

The health area is located in the indoor area and will be open during the championship days from 8:00 am to 6:00 pm. It will attend any health consultation and the control of the Covid tests. It will have an isolation area in case any person shows symptoms.

Quirón Salud, a reputable local Medical Care company will be in charge of guaranteeing our health during the championship, delivering any medical attention you may require during your stay: In the venue during all the competition at the Health Area, and by phone support 24 hours +34 901 123 456 provided in 10 languages. Quirón Salud has a partnership agreement with major international insurers.

The insurance of each attendee has to pay for such treatment. The estimated cost of each treatment depends on the travel policy and the scope of the treatment, but normally it should be covered in full by the insurance.

In case of a serious emergency there is always the possibility of attending the public health system for free.



# **CHIROPRACTORS**

In the Indoor Teams Area there will be a chiropractor service provided by FICS (Fédération Internationale de Chiropratique du Sport)

# WIFI

The competition area and the indoor area will have exclusive wifi coverage for the championship.

# **MERCHANDISING**

T-shirts commemorating the championship will be available for sale at the organization area.



# INFORMATION

A permanent email address: <u>info@sokatiramundiala.com</u>.

A championship information point will be set up in the organization area of the Indoor Teams Area from Thursday to Sunday.

A championship information point will be set up in the organization area of the Indoor Teams Area.

An emergency telephone number has been set up outside of competition hours or to resolve issues outside of Fadura: + 34 678 349 033, from Tuesday to Monday

In addition, the teams will be permanently informed through the WhatsApp group that TWIF manages.



# **DIFFUSION**

Updated information from the action protocols and measures required on the website and social networks:

- Website
- Facebook page
- Instagram account
- Twitter account
- YouTube channel

The event will be broadcast live on the official YouTube channel of the championship.

You can share your experience and images on your social media profiles with these hashtags: #SokatiraMundiala #BasqueCountryTugofWarChampionships#TugofWarChampionships2021 #TOWChampionships2021



# SHOPPING SERVICE

In order to ensure that people who are in the bubbles do not have to leave the bubbles to buy any necessary products, the organisation has set up a shopping service.

The service can be requested from the person responsible for the organisation at the hotel or at the organisation point in Fadura.

The shopping service can be requested until 22:00 hours, and it will be necessary to provide the money beforehand. No alcoholic beverages, food or tobacco will be purchased.



# REMEMBER



# REMEMBER

#### Before the trip you must:

Inform the organisation of the arrival time of the group.

Define the person who is to be appointed as the group delegate

#### Before the trip you must obtain:

- The certificate to enter Spain
- The PCR
- The travel insurance
- The "Consent Sheet" and fill it in.



# REMEMBER

#### When you arrive at the hotel:

Collect the accreditation and welcome bag

Hand in the Consent Sheet

Hand in the certificate of negative PCR

Hand in copy of travel insurance

#### At the competition:

Always follow Covid prevention measures

Respect the schedules of the different services: transfers, meals...

Always wear your accreditation and your mask

Stay at the bubble. Don't leave the hotel or the venue

Participate in the official ceremonies with punctuality and respecting the protocol.

Organization emergency phone number: + 34 678 349 033.

**Enjoy TWIF 2021 World Outdoor Championships!** 





# **SOKATIRA MUNDIALA**

Basque Country Tug of War World Championships 2021



www.sokatiramundiala.com



