



NITOWA
Northern Ireland
Tug-Of-War Association

**2023 World Indoor Championship Program
Northern-Ireland, 7/11 March**

Arrival days	Monday and Tuesday March 6 and 7, 2023
Dinners/breakfast	Will all be served in your own hotel
Breakfast	
07:00 – 11:00	Tuesday March 7, 2023
06:00 – 09:00	Wednesday March 8 until Sunday March 12, 2023
Dinners	
19:00 – 20:30	Monday March 6 until Saturday March 11, 2023
Weigh -ins	Tuesday March 7, 2023 in hotel Dunadry and hotel (In Belfast City Centre)
07:30 – 12:00	Morning session
16:00 – 18:00	Afternoon session
Briefing	Tuesday March 7, 2023 in hotel Dunadry
21:00 – 21:45/22:00	
Opening ceremony	to be announced on website
Closing ceremony	Saturday directly after the last medal ceremony
Farewell party	For all participant in hotel Corrs Corner, Saturday March 11, 2023
21:00 – 00:45	Last busses will leave at 01:00
Departure day	Sunday March 12, 2023

Day 1 and 3 Wednesday/Friday

07:30 – 08:30	Stamping
09:30	Start of competition. Which weight class starts depends on the entries. 680kg SMen, 500kg SWomen and 560kg U23Mix Medal Ceremony (right after morning competition has ended)
11:30 – 12:30	Stamping
13:30	Start of competition. Which weight class starts depends on the entries. 600kg SMen, 480kg JWomen and 560 JMen Medal Ceremony (right after afternoon competition has ended)

Day 2 and 4 Thursday/Saturday

07:30 – 08:30	Stamping
09:30	Start of competition. Which weight class starts depends on the entries. 640kg SMen, 540kg SWomen, 600kg U23Men and 500kg U23Women Medal Ceremony (right after morning competition has ended)
11:30 – 12:30	Stamping
13:30	Start of competition. Which weight class starts depends on the entries. 560kg SMen, 580 kg SMix and 520kg JMix Medal Ceremony (right after afternoon competition has ended)

Please note that times might change due to the length of the competitions.

