

Annual TWIF  
Anti-Doping Report  
to Congress  
APRIL 2023



## **ANTI-DOPING REPORT**

### **1. TUE's and prohibited list.**

WADA have issued the **2023 LIST OF PROHIBITED SUBSTANCES AND METHODS** which came into force on the 1st January. As part of our obligation as a member of WADA and to maintain our Olympic recognition we, and hence ALL of our membership, are mandated to comply with this latest list. The prohibited list is updated annually based on intelligence and medical developments. Please ensure your athletes are aware of, and comply with, this latest prohibited list, which can be found on the TWIF website.

**IMPORTANT – I have said all of this before, but it still seems to be a surprise when a TUE isn't granted due to a lack of information. Just because you were successful in the past IT DOES NOT mean you will be successful now.**

TUE's should be applied for **PRIOR** to taking any medication – justification for using a prohibited substance is required based on medical evidence not just a Medical Practitioner's signature. We have published guidance on the TWIF website of the application process and also a typical checklist of what supporting evidence is required to accompany a TUE application. Further links to the WADA website are provided in the TUE Guidance. It isn't a taken that your TUE will be approved. **If you do not receive an approval certificate your TUE is NOT approved and is not valid.**

We have subcontracted the TUE approval process to the International Testing Agency (ITA) and if you receive correspondence from them asking for more information, you must respond. If this isn't responded to and the appropriate information provided then ITA's TUE panel are unable to consider your TUE and it will not be approved.

Just a reminder that TWIF have adopted a new email address for TUEs and other Anti-Doping correspondence which is specific for this purpose and more secure. The email address is [anti-doping@thetwif.org](mailto:anti-doping@thetwif.org) Please send all TUE's and any other Anti-Doping correspondence to this email address.

You should also be aware that even if you are prescribed something by a medical practitioner, you must inform them that you are an athlete who is required to be compliant with WADA regulations, they may have a choice of what to prescribe you so that you remain compliant. If not, it will be necessary, with their assistance, to complete a Therapeutic Use Exemption (TUE) form that can be downloaded from the TWIF website.

I cannot stress strongly enough the importance of all of our athletes remaining compliant as both in competition and out of competition testing continues both by TWIF and your countries National Anti-Doping Organisation (NADO), so be careful don't take risks.

**REMEMBER – You, as an athlete, are solely responsible for any banned substance found in your system.**

There is a useful website that can also help identify 'over the counter' products that may contain prohibited substances, that is <https://www.globaldro.com/Home>. If you are not sure ask the Pharmacist.

### **2. World Games**

Prior to the World Games, all athletes attending were mandated to complete the WADA ADEL International-Level Athlete education programme. This meant some 150 athletes have

completed this education. We, TWIF., are being mandated by WADA that much more education of athletes and athlete support personnel is required (see later). TWIF undertook some 18 Out of Competition tests on athletes attending the World Games with a further 21 tests done in competition by the World Games themselves. I am pleased to report that all were negative

### **3. World Outdoor Championships 2022**

During these championships in the Netherlands 8 tests were done, some at the weigh-in, some during the open club competition and some during the national closed competition. Athletes from the following countries were tested; Netherlands, South Africa, Basque Country, Chinese Taipei, and Switzerland.

I am pleased to say all tests were negative.

### **4. World Indoor Championships 2023**

As you would expect, we will be conducting Anti-Doping tests at the World Indoor too.

### **5. Annual Reporting Forms.**

At the time of compiling this report 24-member countries, had completed their reports. This is two less than this time last year which was already down on the previous year, and is very disappointing. Their reports show, that during 2022, 10 countries conducted Anti-Doping tests with a total of 57. This is an improvement on 2021, nevertheless we strongly encourage ALL national federations to consider undertaking Anti-Doping tests. All but one of these were negative, and the single positive was for recreational drugs, which are still prohibited even if they are legal in some countries.

It is important all countries complete their annual report forms as the information within these reports is required by both the IOC and WADA, I therefore stress to each and every International Representative to complete and submit their forms.

### **6. Code Compliance Questionnaire:**

At the end of 2022 I had to complete a mandatory self-assessment against Compliance with the WADA Code, presenting evidence as necessary. This was a significant piece of work and in general we are OK. However, two main items came to the fore, the first is a significant challenge from WADA that we are not doing enough testing, either in competition or out of competition. The second being we have to do much more in the education of our athletes and athlete support personnel.

### **7. Whistle blowing**

Anti-Doping and testing are intelligence led activities, and every athlete can assist in ensuring our sport is and remains a clean sport. If you have any suspicions or even substantive evidence of a breach of the TWIF Anti-Doping rules then you can, and should, report this, in confidence, to TWIF using the dedicated Anti-Doping Whistle-blowing platform called 'Reveal', which can be found on the TWIF website <https://tugofwar-twif.org/2022/08/22/reveal-informational-report/>

### **8. Education**

As noted above, as part of the CCQ, WADA has identified that we, TWIF, and the National Federations are not doing sufficient as regards educating our athletes and support personnel.

WADA mandate that TWIF must provide Education at ALL TWIF Events (Championships) as well as other Educational events. **In addition, TWIF have to mandate that ALL National Federations have, or will develop, and implement an Anti-Doping Education Programme.** I strongly advise National Federations to engage with your National Anti-Doping Organisations (NADOs) (or similar), if you haven't already, to develop and assist with your education programme. Your athletes will be able to do much of this as E-Learning and examples of this can be found on the WADA Education platform ADEL <https://adel.wada-ama.org/learn>. Information about ADEL can be found on the WADA Website <https://www.wada-ama.org/en/what-we-do/education-and-training/adel>

***Pete Dyer***

Chairman of TWIF Anti-Doping Commission

## Statistical Report

### Ant-Doping activity 2022

<b>TWIF Samples</b>							
Number collected	Number of athletes	%Male	%Female	Number of Nationalities	In competition	Out of Competition	Type Blood / Urine
24	24	50	50	9	7	17	2   22
<b>NADO / Other samples</b>							
52	Unknown	Unknown	Unknown	9	25	27	Unknown
<b>Results management</b>							
TWIF samples ADRV		NADO/other samples ADRV					
0		1					
<b>Therapeutic Use Exemptions</b>							
Applications	Not required	Approved	Rejected	Requested more data			
8	6	0	1	1			