2024 World Indoor Championship Program
Helsingborg, Sweden, 7-11 February

Arrival days: Tuesday 6 and Wednesday 7 February
Dinners in your hotel: 18.00 – 20.00 pm
Breakfasts in your hotel: 06.00 – 08.30 am
Briefing in Helsingborg Arena: Wednesday 7 February 20.00 or 21:00 pm
Opening ceremony: Helsingborg Arena
Closing ceremony: Helsingborg Arena
Departure day: Monday 12 February

Weigh-ins: Wednesday 7 February 2024 in Helsingborg Arena
07:30 – 12:00: Morning session
16:00 – 18:00: Afternoon session

Day 1 and 3 / Thursday 8 February/ Saturday 10 February
Morning session:
07:00 – 08:00: Stamping
09:00: Start of competition. Which weight class starts depends on the entries, 680kg Men, 500kg Women and U23 560kg Mix
Medal Ceremony (right after morning competition)
11:00 – 12.00: Stamping
Afternoon session:
13:00: Start of competition. Which weight class starts depends on the entries, 600kg Senior Men, 480kg Junior Women and 560 Junior Men
Medal Ceremony (right after afternoon competition)

Day 2 and 4 / Friday 9 February/ Sunday 11 February
Morning session:
07:00 – 08:00: Stamping
09:00: Start of competition. Which weight class starts depends on the entries, 640kg Men, 540 kg Women, U23 600kg Men and U23 500kg Women
Medal Ceremony (right after morning competition)
11.00 – 12.00: Stamping
Afternoon session:
13:00: Start of competition. Which weight class starts depends on the entries, 560 kg Men, 580 kg Mix and 520 kg Junior Mix
Medal Ceremony (right after afternoon competition)

Please note that times might change due to the length of the competitions.

The updated information will be on the website: www.towsweden.com
Adress Helsingborg Arena: Mellersta Stenbocksgatan 14, 254 37 Helsingborg, also for picking up accreditation.