



**2024 World Indoor Championship Program
Helsingborg, Sweden, 7-11 February**

Arrival days	Tuesday 6 and Wednesday 7 February
Dinners in your hotel	18.00 – 20.00 pm
Breakfasts in your hotel	06.00 – 08.30 am
Briefing in Helsingborg Arena	Wednesday 7 February 20.00 or 21:00 pm
Opening ceremony	Helsingborg Arena
Closing ceremony	Helsingborg Arena
Departure day	Monday 12 February

Weigh-ins	Wednesday 7 February 2024 in Helsingborg Arena
07:30 – 12:00	Morning session
16:00 – 18:00	Afternoon session

Day 1 and 3 / Thursday 8 February/ Saturday 10 February

Morning session:

07:00 – 08:00

09:00

Stamping

Start of competition. Which weight class starts depends on the entries, 680kg Men, 500kg Women and U23 560kg Mix
Medal Ceremony (right after morning competition)

11.00 – 12.00

Afternoon session:

13:00

Stamping

Start of competition. Which weight class starts depends on the entries, 600kg Senior Men, 480kg Junior Women and 560 Junior Men
Medal Ceremony (right after afternoon competition)

Day 2 and 4 / Friday 9 February/ Sunday 11 February

Morning session:

07:00 – 08:00

09:00

Stamping

Start of competition. Which weight class starts depends on the entries, 640kg Men, 540 kg Women, U23 600kg Men and U23 500kg Women
Medal Ceremony (right after morning competition)

11.00 – 12.00

Afternoon session:

13:00

Stamping

Start of competition. Which weight class starts depends on the entries, 560 kg Men, 580 kg Mix and 520 kg Junior Mix
Medal Ceremony (right after afternoon competition)

Please note that times might change due to the length of the competitions.

The updated information will be on the website: www.towsweden.com

Adress Helsingborg Arena: Mellersta Stenbocksgatan 14, 254 37 Helsingborg, also for picking up accreditation.