

## Wednesday, 4. September 2024:

- 7:30 – 12:00      **Weigh-in** Morning session at the stadium  
Adress: Am Alsenweg 3, 68305 Mannheim
- 16:00 – 18:00      **Weigh-in** Afternoon session at the stadium
- 17:00 – 20:30      **Welcome Plaza World Championships**  
Address: O 4, 68161 Mannheim (Kapuzienerplanken)  
catering, DJ, stage tourism information and a photo point  
**Flag run-in** of the participating nations (~ 19:30)
- 21:00                **Briefing:** Dorint Hotel, Friedrichsring 6, 68161 Mannheim

## Thursday, 5. September 2024 and Saturday, 7. September 2024:

- 9:00 – 12:30      Men's 560kg | Women's 540kg | U19 Mixed 520kg  
Afterwards **Award Ceremonies for the Morning Session**
- 13:15 – 16:45      Mixed 580kg | U23 Men's 600kg | U23 Women's 500kg  
Afterwards **Award Ceremonies for the Afternoon Session**

## Friday, 6. September 2024 and Sunday 8. September 2024:

- 9:00 – 12:30      Men's 680kg | Women's 500kg | U19 Men's 560kg  
Afterwards **Award Ceremonies for the Morning Session**
- 13:15 – 16:45      Men's 640kg | U23 Mixed 560kg | U19 Women's 480kg  
Afterwards **Award Ceremonies for the Afternoon Session**
- Friday 17:00      **Opening Ceremony** at the stadium
- Sunday 17:00      **Closing Ceremony** at the stadium
- Sunday 20:00      **Party** at Zirkus Paletti  
Address: Im Pfeifferswörth 28a, 68167 Mannheim

All information at: [www.tow2024.de](http://www.tow2024.de)

### Phone numbers (organization team):

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